

## Dear shorebird friends!

In spite of another challenging season, many of you conducted fall shorebird migration surveys throughout Atlantic Canada in 2021 and for that, I am amazed and grateful. I was also able to continue shorebird migration research with the fantastic Mount Allison University Mud Lab students (led by Dr. Diana Hamilton) at Petit Cap beach in New Brunswick, with a new focus on late migrant species such as White-rumped Sandpiper, Sanderling and Dunlin. In this issue of Calidris, I will tell you all about what the MTA students studied last summer as well as summarize your ACSS observation data from 2021. I will also tell you about new opportunities for ACSS mobile data entry as well as present the impressive new ShorebirdViz data vizualisation tool developed by the Cornell Lab for Ornithology (it uses YOUR data!).
In 2022, we encourage you to get outside and conduct your ACSS surveys again, but would remind you to remain cautious. Please make sure that you are fully informed and up-to-date on the rules and restrictions in your area before setting off. Please also wear a mask when required, wash your hands frequently or use hand sanitizer, and maintain physical distancing. For more information, review the health measures in place in your province (Nova Scotia, New Brunswick, Prince Edward Island and Newfoundland and Labrador) and the Government of Canada advice for reducing the spread of COVID-19.

We also advise you to exercise caution when conducting your surveys and to not touch any dead or injured birds. On page 3, I provide important information on Highly Pathogenic Avian Influenza (HPIA) and what to do about any suspected cases you might encounter during your surveys.

I hope you have a safe and enjoyable summer in our beautiful Atlantic Provinces watching and documenting migratory shorebirds in your area!

Julie


## You can now enter your ACSS data in Nature Counts in the field!

Simply download the Nature Counts App to your mobile phone (IOS or Android) and use your existing Nature Counts credentials to set up your account. You will be asked to select a protocol: please select the Program for Regional and International Shorebird Monitoring. Follow-
 ing this, select your province to complete the set-up. Make sure you then select the Atlantic and Ontario protocol (you can also select Prairies). Following this, use the map to select your survey site and you're ready to start your checklist! The App is new, so there are sure to be some issues-let us know your experience if you choose to use it so we can work with Birds Canada to make improvements and corrections. Happy birding!

## Tagging shorebird survey data as ISS in eBird

You can also submit ACSS data via eBird. Simply start an eBird checklist, choose your location and select International Shorebird Survey (ISS) as your observation type. This will ensure the data gets tagged as a survey that uses the ACSS protocol (which is the same as the ISS protocol) and makes it available to scientists analysing trends because they can download all data tagged as ISS surveys. Data not tagged as ISS gets lumped in with all other eBird surveys which do not follow a protocol and as such cannot be used to track populations. If in the past you have shared your eBird checklists with me, I have ensured they are compiled with other ACSS surveys, but now, all you need to do is select ISS as observation type and this will be done automatically!


## Check out the new Shorebird Viz tool!

The Cornell Lab of Ornithology has teamed up with multiple non-profit organizations, international shorebird collaboratives, biologists, and agencies to create ShorebirdViz-an interactive tool that combines observations of shorebirds with state-of-the art statistical models and machine learning to produce relative abundance estimates and estimates of population size across the Western Hemisphere. ShorebirdViz is the result of a co-creative process that is designed to provide decision makers, land managers, conservationists, and biologists with a better understanding of when and where shorebirds occur throughout the Western Hemisphere-information that was previously lacking at the fine spatial and temporal scales needed for effective shorebird conservation.


Avian influenza virus (AIV) is a contagious viral infection that can affect domestic and wild birds throughout the world. Many strains occur naturally in wild birds and circulate in migratory populations. AIV is designated highly pathogenic avian influenza (HPAI) when it has characteristics that cause mass disease and mortality in infected poultry.

There have been no human cases of avian influenza resulting from exposure to wild birds in North America.

However, as you conduct shorebird surveys this summer, please watch for signs of sickness and dead birds and report to the appropriate provincial line as soon as possible.

## Signs of avian flu include:

- lack of energy or movement
- nervousness, tremors or lack of coordination
- swelling around the head, neck and eyes
- lack of energy or movement
- coughing, gasping for air or sneezing
- diarrhea or sudden death


## Report observations to:



The Canadian Wildlife Health Cooperative (CWHC) at 1-8oo-567-2033 or through their online reporting tool : https://www.cwhc-rcsf.ca/report and submit.php
In Newfoundland and Labrador, to the Wildlife Emergency Number at (709) 685-7273.
In Prince Edward Island, to the Forests, Fish and Wildlife Division at (902) 368-4683.
In Nova Scotia, to the Nova Scotia Department of Natural Resources and Renewables at 1-800-565-2224.
In New Brunswick, to the Department of Natural Resources and Energy Development at 1-833-301-0334.

## Please do not touch dead or sick birds!

Maintain vigilance while conducting activities in the field and when visiting sites where migratory birds congregate for breeding or migration stopovers.
Stay informed about HPAI in wild birds using the Canadian Food Inspection Agency CFIACWHC national dashboard: https://cfiancr.maps.arcgis.com/apps/dashboards/89c779e98cdf492c899df2zeıc38fdbc
Visit ECCC "Avian Influenza in Wild Birds" for information, guidance and links:
www.canada.ca/avian-flu; www.canada.ca/grippe-aviaire

Erin MacMillan, 2021 Biology Honours student, Mount Allison University.

Semipalmated Sandpipers are long distance migrants that depend on staging sites to build fat reserves during their fall migration to non-breeding sites. Eastern breeding Sandpipers use sites in Atlantic Canada, such as Petit-Cap, NB, to prepare for migration to South America. A bird's rate of weight gain is an important metric used to predict migratory success and assess site quality, but it is difficult to measure because it requires the recapture of individual birds, which is not possible at most staging sites. That is why many studies use plasma metabolites (plasma triglycerides, glycerol, and beta hydroxybutyrate) as indicators of change in mass over time.

A metabolite is an intermediate or end product of metabolism.


Making a game plan to capture Semipalmated Sandpipers. Photo Hilary Mann.

Metabolites have various functions, including fuel, structure, signaling, stimulatory and inhibitory effects, and interactions with other organisms. The metabolites measured in this study are created as fat is deposited (plasma triglycerides) or lost (beta hydroxybutyrate). So one would expect to see the first metabolite to be associated with weight gain as fuel is deposited to power flight during migration, while beta-hydroxybutyrate would be associated with weight loss (during flight or periods of fasting). Because recapturing birds to measure changes in weight is possible at Petit Cap, we had unique opportunity to test if plasma metabolites are good indicators of weight change in Semipalmated Sandpipers.
What we found was that there was no clear relationship between plasma triglycerides and beta-hydroxybutyrate and mass changes in recaptured Semipalmated Sandpipers, suggesting that these plasma metabolites should not be used as indicators of long term weight change. This means that studies using plasma metabolites as indicators of weight gain in wild birds should be cautious when interpreting results. Not what we expected, but an important result nonetheless!

Also, while collecting data for this study, the research team encountered a storm midway through the staging season. This provided an unprecedented opportunity to examine the effects of short-term weather events on
 body condition and refueling in staging Semipalmated Sandpipers. Interestingly, we found significant impacts on migratory refueling in both recaptured and non-recaptured Semipalmated Sandpipers following a storm. Recaptured birds, on average, lost weight during the week following the storm. Similarly, non-recaptured birds had significantly lower weights during versus before or after the week of the storm. These findings support previous research on the sensitivity of staging shorebirds to environmental fluctuations and highlight the importance of considering storms and other weather events as a threat to shorebirds during this critical refueling period.

[^0]Lindsay Partington, 2021 Biology Honours student, Mount Allison University.

The Northumberland Strait and the Bay of Fundy are crucial refuelling sites for shorebird species migrating through Atlantic Canada. Many of these species are declining, including the Semipalmated Sandpiper (Calidris pusilla). The origin of these population declines is not fully understood as they have not been identified as widespread or isolated to a specific Arctic breeding region. Currently, bill lengths are used as a proxy for breeding origin as Semipalmated Sandpiper bill length increases from west to east across the Arctic. However, bill length relationships confound with sex as females have longer bills than males. Therefore, deuterium $\left(\delta_{2} \mathrm{H}\right)$ signatures were used to track the breeding origin of juvenile Semipalmated Sandpipers.
Deuterium $(\delta 2 H)$ is a stable isotope of hydrogen which can be used to create a continental isotopic landscape, termed an isoscape, as it varies predictably with precipitation and weather. Deuterium isoscapes have been widely used in migration studies following the assumption that the isotopic composi-


A feather deuterium isoscape or Neotropical ground foraging migrants. The box signifies geographic origins used for eastern and central breeding Semipalmated Sandpipers staging in Atlantic Canada and includes known breeding locations based on Arctic PRISM data and bird breeding atlases from British Colombia, Manitoba, Ontario, Quebec, Maritimes, and Newfoundland. tion of animal tissues is attributed to sources of water in the diet. Therefore, the amount of isotopes that are assimilated and fixed in an animal's tissue is reliant on the water, food, and atmosphere the organism is immersed in while growing new tissue. Tissues such as hair, claws, and feathers may be analyzed using stable isotope analysis to determine the levels of an isotope in the sample. Since the levels of isotopes in the tissues reflect the local food webs, these isotopes are a tool to determine the geographic origin and migration routes of various species. Juvenile feathers are the most suitable tissue for elucidating the geographic origin of migratory shorebirds. Deuterium is not measured in adult Semipalmated Sandpipers because adults undergo feather molt and new feather formation on the non-breeding grounds, resulting in an isotopic signature consistent with southern latitudes. In contrast, juvenile Semipalmated Sandpipers develop their first feathers on the breeding grounds, and these feathers retain their relevant Arctic geographic signature. Thus, stable isotope analysis performed on juvenile feathers, even if collected elsewhere in the range, will reflect the Arctic breeding grounds

To determine the breeding origin of Semipalmated Sandpipers refueling in the Northumberland Strait and the Bay of Fundy we captured juvenile shorebirds at Maritime staging locations. We obtained blood samples for molecular sexing as well as feather samples for stable isotope analysis. We found that most birds staging in the Bay of Fundy and Petit Cap are arriving from the eastern and central regions of the Arctic, in the region stretching from northern Quebec and Baffin Island in the northeast through to Northern Manitoba and the northern mainland of Nunavut in the northwest (boxed sections of isoscape bands E and F on the map). In upcoming years, we will continue to collect juvenile feathers of multiple shorebird species to assess geographic origins.

## Understanding Coloured Flags

Colour Flags are used on the legs of shorebirds to help identify shorebird migration routes, habitat choices, nesting and wintering areas, survival rates and more. Each colour represents a different country in which the bird was banded.

## 5 Steps to Identify \& Report Banded Shorebirds

1. Band Type - identify the type of band (i.e. metal, colour band, flag)
2. Colour - (see Pan American Shor ebird Program guidelines at www.whsrn.org/news/article/pasp-finalizes-revised-shorebird-marking-protocol for more colour descriptions).
3. Location - Note the location of the band on the bird (i.e. upper or lower leg, left/right).
4. Species/Location - Note the name of the species and the location of sighting.
5. Photograph - If possible, please include a photo of the banded bird.
6. Report - White or Green colour band sightings to:

## Canadian Bird Banding Office

National Wildlife Research Centre
Canadian Wildlife Service 1125 Colonel By Drive (Raven Road) Ottawa, Ontario, K1A 0H3
Tel: (613) 998-0524
Email: ec.bbo.ec@canada.ca

Every year, biologists throughout the western hemisphere band many species of shorebirds including Semipalmated Sandpipers, Red Knot, Whiterumped Sandpiper, Semipalmated Plover, Short-billed Dowitcher, Sanderling etc. Each bird is fitted with coloured leg flags bearing a unique three character code that, if seen by observers, can provide valuable information!

Please let us know if you see any of these birds!

You can also report your resightings on www.bandedbirds.org OR...
Contact the ACSS coordinator WHO CAN submit the information for you!
julie.paquet@ec.gc.ca

| Species | Count | Survey Site | Observer(s) |
| :---: | :---: | :---: | :---: |
| American Golden-Plover | 36 | PEINP - Brackley Point Mudflats, PE | David Seeler |
| American Oystercatcher | 2 | Whitehead Island: Brooks Marsh \& Flats, NB | Roger Burrows |
| Baird's Sandpiper | 2 | Mud Island, NS | Alix d'Entremont \& Kathleen MacAuley |
| Black-bellied Plover | 364 | Lower East Chezzetcook/Chezzetcook Inlet, NS | Susann Myers |
| Buff-breasted Sandpiper | 1 | Cherry Hill Beach-Conrad Beach/Murder Island \& Round Island | James Hirtle/Alix d'Entremont \& Kathleen MacAuley |
| Common-ringed Plover | 1 | Cape Freels--Random Passage Trail \& Cape Island, NL | Kayleen Stagg |
| Dunlin | 1009 | PEINP - Covehead to Brackley, PE | David Seeler |
| Greater Yellowlegs | 228 | Morien Bar, NS | Elizabeth Walsh, Matthew Peck |
| Hudsonian Godwit | 12 | Cape Freels--Random Passage Trail \& Cape Island, NL | Kayleen Stagg |
| Killdeer | 17 | Sackville Water retention pond, NB | Megan Boucher |
| Long-billed Dowitcher | 2 | PEINP - Covehead to Brackley, PE | David Seeler |
| Least Sandpiper | 500 | Mary's Point, NB | Shepody NWA Mary's Point |
| Lesser Yellowlegs | 297 | Sackville Water retention pond, NB | Megan Boucher |
| Pectoral Sandpiper | 16 | Sackville Water retention pond, NB | Megan Boucher |
| Piping Plover | 27 | Chemin Cedriere Beach, NB | Lewnanny Richardson |
| Purple Sandpiper | 29 | Deadman's Bay--Back Road, NL | Barry Day |
| Red Knot | 51 | PEINP - Covehead to Brackley, PE | David Seeler |
| Ruddy Turnstone | 32 | Cape LaHave, NL | Nazo Gabrielian |
| Sanderling | 243 | Martinique Beach, NS | Nazo Gabrielian |
| Semipalmated Plover | 5000 | Mary's Point, NB | Shepody NWA Mary's Point |
| Semipalmated Sandpiper | 20000 | Mary's Point, NB | Shepody NWA Mary's Point |
| Short-billed Dowitcher | 540 | West Chezzetcook Marsh, NS | Susann Myers |
| Solitary Sandpiper | 4 | Sackville Water retention pond, NB | Megan Boucher |
| Spotted Sandpiper | 5 | Pointe à Barreau, NB | Lewnanny Richardson |
| Stilt Sandpiper | 2 | Sackville Water retention pond, NB | Megan Boucher |
| Western Sandpiper | 1 | Peases Island, NS | Alix d'Entremont \& Kathleen MacAuley |
| Whimbrel | 51 | Murder Island, NS | Alix d'Entremont \& Kathleen MacAuley |
| White-rumped Sandpiper | 500 | Mary's Point, NB | Shepody NWA Mary's Point |
| Willet | 106 | Three Fathom Harbour, NS | Susann Myers |
| Wilson's Phalarope | 2 | St. John's--Virginia Lake, NL | Lancy Cheng |
| Wilson's Snipe | 21 | Sackville Water retention pond, NB | Megan Boucher |

## Table 1. ACSS sites surveyed in 2021

| SurveySite | Province | Primary surveyor |
| :---: | :---: | :---: |
| Annes Acres | NB | Louise Nichols |
| Back Oler Farm Marsh | NS | James Hirtle |
| Baie de Petit Pokemouche | NB | Lewnanny Richardson |
| Beach Meadows Beach | NS | James Hirtle |
| Big Fish Island | NS | Alix d'Entrement, Kathleen MacAuley |
| Blue Rocks | NS | James Hirtle |
| Bouctouche Dune | NB | Denise Maillet, Danny Landry, Brigitte Despres, Chloe Losier |
| Cap Bimet | NB | Ted Glas |
| Cape Freels - Cape Island area | NL | Kaylene Stagg |
| Cape Freels South | NL | Kaylene Stagg |
| Cape Freels--Headland | NL | Kayleen Stagg |
| Cape Freels--High Point Gut | NL | Kayleen Stagg |
| Cape Freels--Random Passage Trail \& Cape Island | NL | Kayleen Stagg |
| Cape Freels--Road to Main Parking area | NL | Kayleen Stagg |
| Cape LaHave | NS | Nazo Gabrielian |
| Castalia Marsh | NB | Roger Burrows |
| Chemin Cedriere Beach | NB | Lewnanny Richardson |
| Cherry Hill Beach/Conrad Beach | NS | James Hirtle |
| Chiasson Office | NB | Lewnanny Richardson |
| Conrads Island Beach | NS | James Hirtle |
| Cormierville | NB | Ted Glass, Denise Maillet, Danny Landry, |
| Crescent Beach | NS | James Hirtle |
| Deadman's Bay--Back Road | NL | Barry Day |
| Eagle Head Beach | NS | James Hirtle |
| Embouchure du ruisseau des Goguens | NB | Ted Glas |
| Flat Island | NS | Alix d'Entrement, Kathleen MacAuley |
| Fort Creek Park | NS | James Hirtle |
| Four Road / Pointe Verte | NB | Lewnanny Richardson |
| Fullers Bridge | NS | Elizabeth Walsh, Matthew Peck |
| Gander Bay--Causeway | NL | Barry Day |
| Gander--Thomas Howe Demo Forest | NL | Barry Day |
| Grand Manan: Longpond Bay Beach | NB | Roger Burrows |
| Grand Passage / Pokemouche Beach | NB | Lewnanny Richardson |
| Grande Anse / Johnson's Mills | NB | Megan Boucher |
| Green Bay | NS | James Hirtle |
| Green Island | NS | Alix d'Entrement, Kathleen MacAuley |
| Ile aux Cheval salt marsh | NB | Lewnanny Richardson |
| Ingalls Head | NB | Roger Burrows |
| Inkerman Marsh/Plover Ground North | NB | Lewnanny Richardson |
| Jones Island | NS | Alix d'Entrement, Kathleen MacAuley |
| Kingsburg Beach | NS | James Hirtle |
| Lower East Chezzetcook/Chezzetcook Inlet | NS | Susann Myers |
| Mal Bay South (Windsor's Malbaie) | NB | Lewnanny Richardson |
| Malpeque Bay \#1 | PE | Heather Pringle |
| Malpeque Bay \#2 | PE | Heather Pringle |
| Martinique Beach | NS | Nazo Gabrielian |
| Mary's Point | NB | Shepody NWA Mary's Point |
| Miscou Beach | NB | Lewnanny Richardson |
| Morien Bar | NS | Elizabeth Walsh, Matthew Peck |
| Mud Island | NS | Alix d'Entrement, Kathleen MacAuley |
| Murder Island | NS | Alix d'Entrement, Kathleen MacAuley, Jeremie Dulong, Liam Thorne |
| Musgrave Harbour--beach | NL | Barry Day |

## Table 1. ACSS sites surveyed in 2021 (cont')

| SurveySite | Province | Primary surveyor |
| :---: | :---: | :---: |
| Arnold's Cove | NL | Barry Day |
| Bellevue | NL | Barry Day |
| Come By Chance | NL | Barry Day |
| Gambo | NL | Barry Day |
| Greenspond | NL | Barry Day |
| Long Beach | NL | Barry Day |
| Lumsden North Rd. area | NL | Barry Day |
| Musgrave Harbour Peninsula | NL | Barry Day |
| Northern Arm | NL | Barry Day |
| Renews--beach \& bay | NL | Barry Day |
| Windmill Bight Park | NL | Barry Day |
| Northeast Coast--Anchor Brook area | NL | Barry Day |
| Northeast Coast--Aspen Cove | NL | Barry Day |
| Northeast Coast--Banting Memorial Park | NL | Barry Day |
| Northeast Coast--Ladle Cove | NL | Barry Day |
| Northeast Coast--Newtown | NL | Barry Day |
| Northeast Coast--Shalloway | NL | Barry Day |
| Northern Arm--Pendragon Trail | NL | Barry Day |
| Oxners Beach | NS | James Hirtle |
| Peases Island | NS | Alix d'Entremont, Kathleen MacAuley |
| PEINP - Brackley Point Mudflats | PE | David Seeler |
| PEINP - Covehead to Brackley | PE | David Seeler |
| Pigeon Hill | NB | Lewnanny Richardson |
| Plover Ground North (beach only) | NB | Lewnanny Richardson |
| Pointe à Barreau | NB | Lewnanny Richardson |
| Pointe a Bouleau Barrier Island shoreline | NB | Lewnanny Richardson |
| Pumpkin Island | NS | Alix d'Entremont, Kathleen MacAuley |
| Ragged Harbour | NS | James Hirtle |
| Ram Island | NS | Alix d'Entremont, Kathleen MacAuley |
| Rotary Park Marsh | NB | Ted Glas |
| Round Island | NS | Alix d'Entremont |
| Rte 330 to Carmanville | NL | Barry Day |
| Sackville Water retention pond | NB | Megan Boucher |
| Sackville Waterfowl Park | NB | Megan Boucher |
| Second Peninsula | NS | James Hirtle |
| Sheila | NB | Lewnanny Richardson |
| St. John's--Mundy Pond | NL | Lancy Cheng |
| St. John's--Virginia Lake | NL | Lancy Cheng |
| Ste Marie St-Raphael | NB | Lewnanny Richardson |
| Tabusintac Dune | NB | Lewnanny Richardson |
| Tantramar Wetlands Centre | NB | Megan Boucher |
| Taylor Bay | NL | Norman and Gail Wilson |
| The Ledges Johnson's Mills | NB | Megan Boucher |
| The Thrum | NS | Alix d'Entrement, Kathleen MacAuley |
| Thoroughfare Road | NB | Roger Burrows |
| Three Fathom Harbour | NS | Susann Myers |
| Tracadie Barrier Island - mudflats at NW tip | NB | Lewnanny Richardson |
| West Chezzetcook Marsh | NS | Susann Myers |
| Whitehead Island: Brooks Marsh \& Flats | NB | Roger Burrows |
| Whitehead Island: Longpoint Beach and South Shore | NB | Roger Burrows |
| Whitehead Island: Northside | NB | Roger Burrows |
| Wilson's Point South | NB | Lewnanny Richardson |



Table 4. Maximum number of shorebirds recorded at Atlantic Canada Shorebird Survey sites and species maximums-2021 (cont')


Are you a birding enthusiast or simply a lover of the outdoors and are looking for an opportunity to share your passion? The Atlantic Canada Shorebird Survey provides an exciting opportunity to enjoy nature in a unique way while contributing to shorebird conservation.

The ACSS and other regional surveys such as the Ontario Shorebird Survey and the International Shorebird Survey all share a common goal: monitoring and conserving shorebird populations. Working together through the ACSS, you can help us identify areas of importance to shorebirds that move through Eastern Canada and to monitor trends in populations of species over time.

As an active participant in the ACSS, you will learn how to select a survey site, identify shorebirds, conduct counts and understand the importance of bird monitoring in Atlantic Canada. If you are interested or know of someone who would be, please contact us!

## Program for Regional and International Shorebird Monitoring

As part of PRISM (Program for Regional and International Shorebird Monitoring), the Atlantic Canada Shorebird Survey can be accessed via an online portal! This quick and easy approach to entering shorebird data allows ACSS volunteers to access and enter their data at any time from the comfort of their home. You can even transfer data from the ACSS PRISM site to your e-bird account, so you don't have to duplicate your data entry. If online data entry isn't for you, data can also still be sent directly to CWS.

The ACSS portal is located on the AKN Nature Counts website at: http://www.bsc-eoc.org/birdmon/prism/main.jsp

Questions regarding the ACSS or the online portal? Please contact Julie Paquet at: julie.paquet@ec.gc.ca

## CONTACT US!

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[^0]:    Semipalmated Sandpiper flock. Photo Mark Peck,

